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BOOK REVIEWS

IN CHARGE OF

M. E. CAMERON, R.N.

THE OBSTETRICAL QUIZ FOR NURSES. A Monograph on Obstetrics for the Graduate and Undergraduate Nurse in the Lying-in Room. By Elizabeth Hilda Carlson. The Rebman Company, 141–145 West 36th Street, New York.

Dedicated by its author "To the faithful service of the obstetrical nurse," this book represents the labor of years, says Miss Carlson. It is designed to be the *vade mecum* of the obstetrical nurse and also to be the unfailing resource of the teacher of obstetrical nursing, who will find therein questions which will test the knowledge and understanding of the subject by her pupils. It is a book all for nurses, and the medical student is not catered to. One of its unique features consists in suggestions for improvising, from any sort of means at hand, in an emergency. Usually the nurse who knows her business can provide a substitute for almost any utensil or appliance, but if, as occasionally happens, a nurse lacks initiative and finds herself lost without a proper outfit, let her turn to Miss Carlson's book, which, by the way, has a splendid index, and she will be able to endorse the proverb, "When one door shuts, another opens." After disposing of the subject proper, obstetrical nursing, the book goes on, still maintaining its question and answer form, to infant feeding and a dietary for the puerperal term. Concluding we have a chapter on antiseptic solutions and, finally, a paper on Twilight Sleep.

A TEXT-BOOK OF MASSAGE AND REMEDIAL GYMNASTICS. By Louisa L. Despard, Member and Examinee of Incorporated Society of Trained Masseuses. Oxford University Press. American Branch, 35 West 32d Street, New York. Price, $4.50.

We often have contributions to nursing literature from England which arouse in us a pleasing feeling that our own books are superior. Miss Despard's book is quite the reverse and is able to claim a higher place than any book on massage that we have. It is a monumental piece of work, carefully written and profusely illustrated, with its 395 pictures and plates, many of which are colored so as to render them more intelligible and make the application of the text, otherwise formidably technical, absolutely easy of comprehension and assimilation. Part 1 of the book is devoted to a review of anatomy and physiology. Part 2 gives the theory of massage and its application, the classification